



**“HELPING CLINICIANS MEET  
CLIENT SEXPECTATIONS.”**



**texas sex therapy institute**

# Sex Therapy Training and Certification

## Mission Statement

Texas Sex Therapy Institute is dedicated to providing accessible, quality sex therapy training to mental health and medical professionals, increasing competency, marketability and the ability to expand the scope of their practice. We are dedicated to providing quality education based on real trends, case studies and current sexual issues in society that gives students real life (practical) skills in an experiential and interactive learning environment. Our courses are taught by contemporary instructors with a fresh perspective and current understanding of today's sexual issues.

## VALUE TO YOU

Enhanced ability to address and discuss sexual concerns with clients resulting in the ability to attract a broader clientele and provide more thorough services to new and existing clients.

## VALUE TO YOUR CLIENTS

Improved personal relationships, confidence, and quality of lives by reducing the stress of sexual concerns and providing clients with a confidential place to talk about the most sensitive and intimate subject matter. Certification will help clients feels secure, comfortable, and confident that the therapist they choose has the skill set to meet their needs.

## TEXAS SEX THERAPY INSTITUTE

Dr. Viviana Coles, DMFT, LMFT-S, CST  
Director/Instructor/Clinical Supervisor

Katherine Mitchell, MA, CST-Candidate, Instructor/Program Manager  
Jennifer Reeves, MA, LMFT, CST, Clinical Supervisor

1302 N. Shepherd Drive, 3<sup>rd</sup> Floor  
Houston, Texas 77008  
P: 713.820.6260

E: [info@becomeasextherapist.com](mailto:info@becomeasextherapist.com)  
[www.BecomeASexTherapist.com](http://www.BecomeASexTherapist.com)

TO REGISTER: [www.becomeasextherapist.com/registration](http://www.becomeasextherapist.com/registration)

## Sex Therapy Education and Training

**Each class is 8 hours/CEUs.**

(NOTE: Some classes are only open to Full Program participants and are indicated with \*\*)

60 hours of coursework in Human Sexuality Education and  
60 hours of coursework in Sex Therapy Training.

These include:

*History of Sexology\*\**

*Sexual and Reproductive Anatomy and Physiology*

*Theories and Methods of Sex-Related Psychotherapy*

*Dynamics of Interpersonal Relationships*

*Sexual Orientation and Gender Identities*

*Sexually Transmitted Infections and Safer Sex Practices*

*Sexual Abuse*

*Substance Abuse and Sexuality*

*Hypersexuality*

*Atypical Sexual Behavior*

*Sexual Dysfunctions*

*Medical Factors That May Influence Sexuality*

*Marital Partnering and Family Dynamics*

*Sex-related Assessment and Diagnosis of Psychosexual Disorders*

*Intervention in Relationships with Sex/Intimacy Problems*

*Approaches to Medical Intervention in Treatment*

*of Psychosexual Disorders and Sex Research*

### 2019: Tuition Rates

For Certification Program:

Enrollment Deposit: \$500

PLUS:

1 Payment: \$6000/ Due Class 1

2 Payments: \$3000 (plus \$25 installment fee)/Due Class 1 & 6

Single-Day (8 CEUs): \$475

SAR Workshop (12 CEUs Awarded): \$425

### IMPORTANT DATES:

Certification Registration Deadline- February 1, 2019  
Enrollment Agreement and Deposit Due- February 7, 2019

### 2019 Class Dates:

(Certification Program Students-All days are Required)

SAR- April 6-7, 2019

February 23<sup>rd</sup> & 24<sup>th</sup>

March 23<sup>rd</sup>

April 27

May 18

June 22<sup>nd</sup> & 23<sup>rd</sup>

July 27<sup>th</sup> & 28<sup>th</sup>

August 24<sup>th</sup>

September 21<sup>st</sup> & 22<sup>nd</sup>

October 19<sup>th</sup>

November 9<sup>th</sup> & 10<sup>th</sup>

### Other Requirements for Full Certification:

#### SUPERVISION

Individual Supervision is offered by approved Sex Therapy Supervisors online and live where available. TSTI will provide and facilitate the submission of supervision contracts to all applicable professional organizations. Group Supervision is offered by approved Sex Therapy Supervisors online and live where available and is held in 4-hour blocks. Limited to 4 participants per group session. Group supervision may only count toward a maximum of 50% of the 50 hours required for certification. Supervision must take place over the course of at least 12 months and no more than 24 months.

#### INTERNSHIP

250 direct hours required for certification.

Must be completed in a minimum of 12 months under supervision by an approved supervisor.

#### SAR- SEXUAL ATTITUDE REASSESSMENT WORKSHOP

This 1.5-day class is meant to help challenge and reshape your current belief system regarding your own sexuality and the sexuality of your potential clients. There are 12 CEUs awarded for this workshop.