



**“HELPING CLINICIANS MEET
CLIENT SEXPECTATIONS.”**



texas sex therapy institute

Sex Therapy Certification Program

Mission Statement

Texas Sex Therapy Institute is dedicated to providing accessible, quality sex therapy certification to mental health and medical professionals, increasing competency, marketability and the ability to expand the scope of their practice. We are dedicated to providing quality education based on real trends, case studies and current sexual issues in society that gives students real life (practical) skills in an experiential and interactive learning environment. Our courses are taught by contemporary instructors with a fresh perspective and current understanding of today's sexual issues.

VALUE TO YOU

Enhanced ability to address and discuss sexual concerns with clients resulting in the ability to attract a broader clientele and provide more thorough services to new and existing clients.

VALUE TO YOUR CLIENTS

Improved personal relationships, confidence, and quality of lives by reducing the stress of sexual concerns and providing clients with a confidential place to talk about the most sensitive and intimate subject matter. Certification will help clients feels secure, comfortable, and confident that the therapist they choose has the skill set to meet their needs.

TEXAS SEX THERAPY INSTITUTE

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Sex Therapy Education and Training

Each class is 8 hours.

(NOTE: Some classes are only open to Full Program participants)

60 hours of coursework in Human Sexuality Education and
60 hours of coursework in Sex Therapy Training.

These include:

History of Sexology

Sexual and reproductive Anatomy and Physiology

Theories and Methods of Sex-Related Psychotherapy

Dynamics of Interpersonal Relationships

Sexual Orientation and Gender Identities

Sexually Transmitted Infections and Safer Sex Practices

Sexual Abuse

Substance abuse and Sexuality

Hypersexuality and Atypical Sexual Behavior

Sexual Dysfunctions

Medical Factors That May Influence Sexuality

Marital Partnering and Family Dynamics

Sex Research and Literature

Developmental sexuality from a psychobiological perspective

Sex-related Assessment and Diagnosis of Psychosexual Disorders

Intervention in Relationships with Sex/Intimacy Problems

Approaches to Medical Intervention in Treatment

IMPORTANT DATES:

Application Deadline- June 15, 2019 (Limited Class Size)

Enrollment Agreement Due- July 1, 2019

2019 Class Dates:

2019 Program Dates: Fridays and Saturdays

July 12 & 13

SAR- July 14

July 26 & 27

August 9 & 10

August 23 & 24

September 13 & 14

September 27 & 28

October 13 & 14

2019: Tuition Rates

For Program Participants:

Application Fee: \$40

Enrollment Deposit: \$500

PLUS:

1 Payment: \$6000/ Due Class 1

2 Payments: \$2725 (plus \$25 installment fee)/

Due Class 1 & 6

Other Requirements

SUPERVISION

Individual Supervision is offered by approved Sex Therapy Supervisors online and live where available. TSTI will provide and facilitate the submission of supervision contracts to all applicable professional organizations. Group Supervision is offered by approved Sex Therapy Supervisors online and live where available and is held in 4-hour blocks. Limited to 4 participants per group session. Group supervision may only count toward a maximum of 50% of the 50 hours required for certification. Supervision must take place over the course of at least 12 months and no more than 24 months.

INTERNSHIP

250 direct hours required for certification.

Must be completed in a minimum of 12 months under supervision by an approved supervisor.

SAR- SEXUAL ATTITUDE REASSESSMENT WORKSHOP

This 1-day class is meant to help challenge and reshape your current belief system regarding your own sexuality and the sexuality of your potential clients.